



*Helping build a nation that cares*

## **International Mandela Day: Monday 18<sup>th</sup> July 2011**

The Volunteer Centre visited various organizations - such as St Anne's Home, Homestead Shelter and Haven Night all situated in Woodstock Cape Town. Other organizations included Red Cross children's home in Rondebosch as well as SOS village in Thornton.

The tasks included – peeling of vegetables and fruit at the different organizations, various kitchen duties as well as helping “house mothers” of the different organizations.

Volunteers also found time to interact with residents - some of the children and elderly people at the organizations.

At Red-Cross Children's hospital the volunteers were based at the Friends of Childrens Hospital where they played with the kids that were recovering, they were sent to this ward because most of the kids were only with their parents and not a friend that they could just talk and laugh with or even colour a picture; the volunteers helped in this regard and the kids were delighted to have them there.

For many of our Volunteers it was their first exposure to volunteering. The main objective of Mandela Day is to inspire individuals to take action and to help change the world for the better, and in doing so build a global movement for good.

Ultimately we at the Volunteer Centre seek to empower communities everywhere, and this is what we wanted all to experience – in keeping with our Vision: “Helping Build a Nation that Cares”.

Below are photos of Volunteers at the different organizations.

Many helped preparing sandwiches for the children after they came from school, others helped with preparations for supper , peeling of the vegetables for a nice warm pot of soup the evening. At St Anne's facilitators were helping with the children as well as put them asleep for their daily afternoon nap.

Volunteers really felt privileged to be part of such a spectacular event and to help out where possible.



